

# Strengths Deployment Inventory (SDI)

## Short Course (One Day)



Why do people act the way they do and respond to conflict in a particular way? SDI is a self awareness inventory that examines an individual's motivation and explores what drives motivation in different situations. This leads to more effective interpersonal relationships on a personal, work and team level.

SDI helps to build strong teams and creates greater understanding between work colleagues, which promotes positive workplace relationships. Completion of the inventory will give participants a better understanding of their strengths and how they can be employed when dealing with conflict.

SDI training can be held in conjunction with Workplace Bullying Awareness, Assertiveness or Managing Challenging Behaviour training.

**Facilitator:**

Caroline Dean is an experienced trainer and workplace consultant with a background in criminal justice sociology. She specialises in implementing positive cultural change by finding solutions to bullying and harassment, workplace conflict and challenging behaviour.

**Outcome:** Statement of Attendance.

**When:** Run on demand. Contact us for available dates. 9am – 5pm.

**Where:** At your workplace, or the short course is available at the Burnie Campus, Alanvale Campus or Campbell St Campus.

**Cost:** \$250 per person or \$1800 per day for groups (maximum of 16). Fees are inclusive of workshop and resource manual.

**Group Bookings:** Held at a time to suit you in your workplace. Travel and related costs may apply when we visit you in your workplace.

**For further information please contact:**

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The Total Training Package  
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